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## **Notices October 29th, 2023 - Pentecost 22**

Readings for this Sunday: Deuteronomy 34:1-12; 1 Thessalonians 2:1-8; Matthew 22:34-46  
Next Sunday's Readings: Revelation 7:9-17; 1 John 3:1-3; Matthew 5:1-12

**Sunday Services: 8am and 10.30am**

**4.30 pm - November 5th - Choral Requiem &  
Commemoration of the Dead**

**In preparation for All Souls Day on November 5th, we have placed a sign up sheet at the church entrance so you can remember your loved ones in prayer on that day**

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### **Weekly Events at Christ Church**

Wednesdays 11am - Lectio Divina & Holy Eucharist in the Chapel  
Wednesdays 5pm - Meditation in the Sitting Room  
Thursdays 10.30am - Bible Study

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### **Invitation to ACORN Spiritual Practise Introductory Session**

We are very excited to welcome back to Christ Church **Michael Harvey** who spoke to us a year ago about creating a culture of invitation in our church. Since then a number of our members have kept in touch with Michael and we will hear about how the regular spiritual practice of praying for God to bring to mind someone outside the church family, reaching out to them, and noticing what God is doing through that encounter has challenged and blessed them.

Come and here some stories of what God is doing and how you might engage in this spiritual practice with other members of the church this **Thursday, November 2 at 7:30pm in the Crump Room.**

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### **Dementia peer support group**

In partnership with Elbow Park Community Association, we are considering

creating a peer support group for families of those living with dementia. This would be a regular, informal community gathering on a weekday afternoon at the church, to support one another in the challenges of caring for relatives with dementia.

If this sounds like something you would be interested in, please contact Adam at [adam@christchurchcalgary.org](mailto:adam@christchurchcalgary.org). No plans are in place but we are seeking to gauge the interest for such a group in our community.

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## **PWRDF - World of Gifts & Gaza Hospital**

**Please click on the link below for more information**

[World of Gifts](#)

[al-Ahli Arab Hospital](#)

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### **Banking Information**

The Anglican Diocese of Calgary is now using RBC Express for the pre-authorized donations and will no longer be using Rotessa for withdrawing the donations. This message is being sent out in case any of your PAD's have any questions or concerns as there will be a different name (RBC) on bank account statements.

If you have any questions please contact Deborah at the office

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Messy Church is a revolutionary event for families of all ages first started in the UK in 2004. Hosted in the Crump Room the first Saturday of each month, we at Christ Church continue its tradition and invitation: to play, to celebrate life & God, and to be family to new people as we have a meal (when did we last sit together at the dinner table?). No church experience is required, every age and body is welcome.

*..and the point is to invite someone who has not experienced God's playfulness and love or Messy Church before. Please challenge yourself to invite those around you!*

Messy Church will be on Saturday November 4th from 4:00-6:00pm.

We need YOUR help. Sign up to cook, decorate, stack chairs, or lead an activity (who's bringing the karaoke machine?) Let our family ministry pastor know you're interested by emailing him at [gary@christchurchcalgary.org](mailto:gary@christchurchcalgary.org)

### **Blessing of the Shawls**

The next blessing of the Shawls will take place on Sunday, November 5, at the 10:30 service. Shawls are available to all members of our parish to be given to anyone who may need a bit of TLC, or to celebrate a special occasion, whether or not the recipient is a member of our parish. Please just contact the church office, or Barbara Robinson to make arrangements if you wish to give a shawl.

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### **Important Notice Regarding Christmas Wreath Program**

**After almost 15 years, the Christ Church Choir has decided not to continue with its Christmas Wreath Fund Raiser. The wreaths were**

a welcome tradition at Christ Church and joyfully marked the beginning of the Christmas season.

The wreaths are still a wonderful product, however, in recent years the program failed to yield a reasonable return on our efforts, and with costs rising more and more each year, we have decided to discontinue this offering.

We have contacted Delong Farms in Nova Scotia, and other providers of Christmas wreaths and in the upcoming weeks, we hope to provide parishioners with options to directly purchase wreaths for themselves, friends and family.

**Rocco**

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## **Grief Recovery**

A Grief Recovery course is offered beginning Tuesday 24th October at 7pm in the Coop room and continuing for eight weeks. It will be led by Betty Craigie, who has been doing this since 2009.

Grief is the natural response to loss of many kinds. Loss is the universal human experience but there are times when it can overwhelm us. The course follows a well set out series of steps leading to recovery and is designed by the Grief Recovery Institute in California. Unresolved grief is cumulative, sapping energy, resilience and the capacity for joy. We want to help people emerge from this state into the light again.

Logistics: This 8 week session began on Tuesday October 24th. Since Tuesday October 31st will be Hallowe'en we decided for several reasons not to meet then, but to resume on November 7th at 7pm. It is still possible to join the group. Please let Betty know through the office.

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**Scan to make your offering - Thank you for your support!!!**

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## *Flower Memorials*

The flowers at the Altar are given to the glory of God and in loving memory of Bill and Mary Selby, given by John, Gillian and Jennifer Selby

The flowers at the Chapel are given to the glory of God and in thanksgiving for the lives of my daughter's wonderful grandparents, John and Ethel McDonald, by Sandra, Meredith and Alison McDonald

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## **The Power of Prayer**

### **Forward Day by Day**

Prayer books for August/September/October are available at the office. Additional prayer resources can be found on Forward Movement's website: [https://prayer.forwardmovement.org/forward\\_day\\_by\\_day.php?d=29&m=4&y=2020](https://prayer.forwardmovement.org/forward_day_by_day.php?d=29&m=4&y=2020)

### **The Parish Prayer Chain**

Have a friend who needs someone to pray for them? Our prayer chain does this daily, and welcomes requests for confidential prayer. Contact Lois Lepp, Alicia Hampshire or Rev. Brandon.

### **Praying with PWRDF**

On the second Thursday of each month praying with PWRDF takes place over zoom at 11am (Calgary time). On the fourth Thursday of each month the PWRDF team in Toronto plans an educational webinar in the same time slot. Please contact Kim Umbach at [kumbach@pwrdf.org](mailto:kumbach@pwrdf.org) for the zoom link to be included and for further details.

### **Prayer Shawls - "Tangible Evidence of Prayer" (ref: "The Prayer Shawl Ministry")**

Each of our shawls, handmade by the members of this ministry includes the prayers of the shawl maker as it is made, receives a special blessing, then is

available to be given to offer peace, and comfort to someone in need. Shawls are always available here. Please contact Cynthia at the office: 403-243-4680, or Barbara Robinson: [barbrobinson@gmail.com](mailto:barbrobinson@gmail.com) if you know of someone for whom a shawl would be helpful.

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Anyone can be added to our email list... they just need to ask!

Know a friend who'd appreciate getting these emails?

Just forward this to them, and...

They can [click here](#) to be added to our mailing list!



**Anglican Parish of Christ Church, Elbow Park**

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