



Notices October 15th, 2023 - Pentecost 20

Readings for this Sunday: Exodus 32:1-14; Philippians 4:1-9; Matthew 22:1-14
Next Sunday's Readings: Exodus 33:12-23; 1 Thessalonians 1:1-10; Matthew 22:15-22

Sunday Services: 8am and 10.30am

In preparation for All Souls Day on November 5th, we have placed a sign up sheet at the church entrance so you can remember your loved ones in prayer on that day

Weekly Events at Christ Church

Wednesdays 11am - Lectio Divina & Holy Eucharist in the Chapel
Wednesdays 5pm - Meditation in the Sitting Room
Thursdays 10.30am - Bible Study

New Bible Study series "1 Thessalonians: Future Facing"

Join us Thursdays at 10:30am for our new 5-week series. We will dive into 1 Thessalonians, following Paul as we explore what it means to be a future-oriented people, looking toward our future hope in Christ while living faithfully in the present.
All welcome; no registration required.

Outreach Update

A Canadian/Ukrainian meal was shared recently by members of the Outreach committee and two of the families that John Mendham supported



"Music Notes," from our Music Director, October 3/23

I am writing to thank you for a warm welcome to life at Christ Church. I have enjoyed meeting parishioners at coffee hour after services and speaking about the music. I appreciate all your encouragement, feedback and questions. Your interest in the music made me think that I should write "Music Notes" from time to time to present some details of upcoming music, but I shall start by writing a little about the music so far, since the choir started back on September 10th...

In September we explored various musical settings of the beloved Latin Eucharist text, "Ave Verum Corpus" (Hail True Body), in motets by William Byrd (English 1543-1623), Wolfgang Mozart (Austrian 1756-

1791) and Edward Elgar (English 1857-1934). We paired Mozart's motet with his "Laudate Dominum" (Praise the Lord), featuring a sublime soprano solo by Hannah Pagenkopf. The Evensong service on September 24th was a celebration of my English choral heritage, with music by William Smith (c.1603-1645), Henry Purcell (1659-1695) and Hubert Parry (1848-1918).

This past weekend we marked Truth and Reconciliation Sunday with hymns honouring indigenous spirituality and our connection to creation. The anthem was a Cree setting of Purcell's "Hear my Prayer" by Canadian Cree composer, Andrew Balfour. I have had the great pleasure to work with Andrew on several occasions, so I know that he was a "60s Scoop Child," taken from his birth family at an early age and placed into the care of a foster family in Winnipeg. Thankfully, his foster parents provided him with a loving home and many wonderful musical opportunities. As a choirboy, he fell in love with the music of the high Anglican choral tradition, but has more recently sought to rediscover and honour his indigenous heritage. Although he does not know his birth-parents, he has travelled to meet the people of his nation and learn about his language, traditional ceremonies and medicines from elders. Music has provided him with opportunities to reconcile his indigenous identity with settler culture, and perhaps this is symbolically evidenced in claiming a place for his native tongue within the music of great European composers in a project called "Nagamo" (Sings, in Cree). Andrew writes:

"... I have reshaped the thoughts behind the texts, by changing Latin [and English] to Ojibway or Cree perspectives. These are not direct translations of sacred texts, rather a more Indigenous perspective of spirituality, but keeping the beauty of the [music] intact."

Looking ahead to Thanksgiving on October 8th, we will enjoy familiar harvest hymns, and pair Vaughan William's "O Taste and See" with a beautiful choral arrangement of "Thankful" by noted American Gospel composer, Rollo Dilworth. Thankful was co-written by celebrated Canadian composer, David Foster, and made famous in a recording by Josh Groban (easily found on YouTube, if you are curious). We hope you will find the text and tone to be appropriate for Thanksgiving.

"There's so much to be thankful for..."

Alleluia!

Paul Grindlay

Important Notice Regarding Christmas Wreath Program

After almost 15 years, the Christ Church Choir has decided not to continue with its Christmas Wreath Fund Raiser. The wreaths were a welcome tradition at Christ Church and joyfully marked the beginning of the Christmas season.

The wreaths are still a wonderful product, however, in recent years the program failed to yield a reasonable return on our efforts, and with costs rising more and more each year, we have decided to

discontinue this offering.

We have contacted Delong Farms in Nova Scotia, and other providers of Christmas wreaths and in the upcoming weeks, we hope to provide parishioners with options to directly purchase wreaths for themselves, friends and family.

Rocco

In order that we get almost accurate numbers for Margie's lunch, could you please register at the Eventbrite link below

[Margie's Celebration Lunch](#) or scan the QR code below



Dementia peer support group

In partnership with Elbow Park Community Association, we are considering creating a peer support group for families of those living with dementia. This would be a regular, informal community gathering on a weekday afternoon at the church, to support one another in the challenges of caring for relatives with dementia.

If this sounds like something you would be interested in, please contact Adam at adam@christchurchcalgary.org. No plans are in place but we are seeking to gauge the interest for such a group in our community.

Grief Recovery

A Grief Recovery course is offered beginning Tuesday 24th October at 7pm in the Coop room and continuing for eight weeks. It will be led by Betty Craigie, who has been doing this since 2009.

Grief is the natural response to loss of many kinds. Loss is the universal human experience but there are times when it can overwhelm us. The course follows a well set out series of steps leading to recovery and is designed by the Grief Recovery Institute in California. Unresolved grief is cumulative, sapping energy, resilience and the capacity for joy. We want to help people emerge from this state into the light again.

Logistics: The first session is open to anyone who wishes to join. At that time we shall see if there is a more suitable time for sessions, given who is involved. For any further information please contact ecraigie@telus.net

Fire Exit Theatre



The Things I Forgot

Written and performed by Ingrid De Sanctis

In a carousel of characters, stories, and memories, a preacher's daughter revisits her faith, family, and the victims of a scandal which tore her family apart nearly 40 years before. Humorous, heartbreaking and complex, this theatrical experience weaves through a personal tapestry and invites audiences to contemplate their own journeys through the often murky waters of faith and family.

"A beautiful offering." – Jason Hildebrand, Presence Creative Arts

"Strikingly resonates and is unquestioningly thought-provoking." – Russell Florence Jr., Dayton 937

"Ingrid is a master storyteller whose vulnerability is matched by her wit and love of words." – Val Lieske, Fire Exit Artistic Director

Location:

Engineered Air Theatre
205 8 Avenue SE, Calgary

A Spire on Fire: Cabaret of the Holy Other

Thursday, October 19th, and Friday, 20th
Doors 6:30, Show 7pm
at Knox United Church
506 4th Street SW

A cabaret performance inviting contemporary live arts creators working at the intersection of social justice, contemporary performance, queer creation, feminism, and spirituality to reflect, discuss, create, and perform within the context of the Knox United Church. Facilitated by queer artists, dramaturgs and spiritual leaders, the process will see every space in Knox illuminated with drag, dance, music, poetry, clown and circus arts, comedy, and beyond, envisioning the church as an untapped well for site-specific creation, not in spite of its physical and cultural burdens, but in collaboration with them.

Featured artists include Jessica Barrera-Fox, Christopher Gamble, Mpoé Mogale, Garret Smith, Brook Tate, Jamie Tea (Tognazzini), Oliver Twirl, and Elaine Weryshko. With creation facilitation team support from Miranda Martini, Nicole Mion, and Keith Murray.

ASL interpretation will be present. Accessible building. A conversation in a united church on Treaty 7 land.

Tickets: **Pay-what-you-can \$5-25**

No one will be turned away for lack of funds.

One ticket: two acts, for an evening of arts on fire underneath a church spire!

More info: [ACT 1: Cabaret of the Holy Other](#) - [ACT 2: Brook Tate: Menagerie](#)

[Buy Tickets](#)





Scan to make your offering - Thank you for your support!!!

Flower Memorials

The flowers at the Altar are given to the glory of God and in loving memory of James and Beryl Bryden and Howard and Ola Carruthers by Wendy and Ian Bryden and family

The flowers at the Chapel are given to the glory of God and in loving memory of Donald and Gladys Ross, parents of Andrea O'Rourke, grandparents of Isobel, Ross and Alexandra, by their daughter Andrea O'Rourke

The flowers at the Font are given to the glory of God and in loving memory of Evelyn Yates from her loving son, Tim and his family

The Power of Prayer

Forward Day by Day

Prayer books for August/September/October are available at the office. Additional prayer resources can be found on Forward Movement's website: https://prayer.forwardmovement.org/forward_day_by_day.php?d=29&m=4&y=2020

The Parish Prayer Chain

Have a friend who needs someone to pray for them? Our prayer chain does this daily, and welcomes requests for confidential prayer. Contact Lois Lepp, Alicia Hampshire or Rev. Brandon.

Praying with PWRDF

On the second Thursday of each month praying with PWRDF takes place over zoom at 11am (Calgary time). On the fourth Thursday of each month the PWRDF team in Toronto plans an educational webinar in the same time slot. Please contact Kim Umbach at kumbach@pwrdf.org for the zoom link to be included and for further details.

Prayer Shawls - "Tangible Evidence of Prayer" (ref: "The Prayer Shawl Ministry")

Each of our shawls, handmade by the members of this ministry includes the prayers of the shawl maker as it is made, receives a special blessing, then is available to be given to offer peace, and comfort to someone in need. Shawls are always available here. Please contact Cynthia at the office: 403-243-4680, or Barbara Robinson: barbcrobinson@gmail.com if you know of someone for whom a shawl would be helpful.



Anyone can be added to our email list... they just need to ask!
Know a friend who'd appreciate getting these emails?
Just forward this to them, and...
They can [click here](#) to be added to our mailing list!



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