



Notices October 22nd, 2023 - Pentecost 21

Readings for this Sunday: Exodus 33:12-23; 1 Thessalonians 1:1-10; Matthew 22:15-22
Next Sunday's Readings: Deuteronomy 34:1-12; 1 Thessalonians 2:1-8; Matthew 22:34-46

**Sunday Services: 8am and 10.30am
with guest preacher, Rev. Dr. Jane Rowland
at the 10:30 service**

**In preparation for All Souls Day on November 5th, we have
placed a sign up sheet at the church entrance so you can
remember your loved ones in prayer on that day**

Weekly Events at Christ Church

Wednesdays 11am - Lectio Divina & Holy Eucharist in the Chapel
Wednesdays 5pm - Meditation in the Sitting Room
Thursdays 10.30am - Bible Study

New Bible Study series "1 Thessalonians: Future Facing"

Join us Thursdays at 10:30am for our new 5-week series. We will dive into 1 Thessalonians, following Paul as we explore what it means to be a future-oriented people, looking toward our future hope in Christ while living faithfully in the present. All welcome; no registration required.

Music Notes

This Sunday we will sing "The Lord is my Shepherd" from the Requiem by John Rutter, as well as "Totus Tuus" by Canadian composer, Peter Anthony Togni. The text was written by Polish resistance fighter, Teresa Maria Boguslawska (1929-1945). She was imprisoned and tortured by the Gestapo in 1944, was released, but died later of tuberculosis. The text translates as: "I am all yours, Maria, mother of our Redeemer. Virgin

of God, pious virgin, mother of the world, mother of the saviour of the world. I am all yours."

Please do come to the All Souls Evensong at 4:30 on Sunday

November 5th to remember departed loved-ones and hear the entire Rutter Requiem.

Banking Information

The Anglican Diocese of Calgary is now using RBC Express for the pre-authorized donations and will no longer be using Rotessa for withdrawing the donations. This message is being sent out in case any of your PAD's have any questions or concerns as there will be a different name (RBC) on bank account statements.

If you have any questions please contact Deborah at the office

Outreach Update

The Abou Akel family are settling into their newly purchased town house in SW Calgary. They hosted a few members of the Outreach Network to a lovely lunch as a thank you for our support. Their oldest daughter Mariam will soon travel to Berlin, Germany to be married to a childhood friend from Syria who is now a pharmacist in Berlin. We wish Mariam all the best as she begins her new life in Germany



Important Notice Regarding Christmas Wreath Program

After almost 15 years, the Christ Church Choir has decided not to continue with its Christmas Wreath Fund Raiser. The wreaths were a welcome tradition at Christ Church and joyfully marked the beginning of the Christmas season.

The wreaths are still a wonderful product, however, in recent years the program failed to yield a reasonable return on our efforts, and with costs rising more and more each year, we have decided to discontinue this offering.

We have contacted Delong Farms in Nova Scotia, and other providers of Christmas wreaths and in the upcoming weeks, we hope to provide parishioners with options to directly purchase wreaths for themselves, friends and family.

Rocco

PWRDF - World of Gifts & Gaza Hospital

Please click on the link below for more information

[World of Gifts](#)

[al-Ahli Arab Hospital](#)

In order that we get almost accurate numbers for Margie's lunch, could you please register at the Eventbrite link below

[Margie's Celebration Lunch](#) or scan the QR code below



Dementia peer support group

In partnership with Elbow Park Community Association, we are considering creating a peer support group for families of those living with dementia. This would be a regular, informal community gathering on a weekday afternoon at the church, to support one another in the challenges of caring for relatives with dementia.

If this sounds like something you would be interested in, please contact Adam at adam@christchurchcalgary.org. No plans are in place but we are seeking to gauge the interest for such a group in our community.

Grief Recovery

A Grief Recovery course is offered beginning Tuesday 24th October at 7pm in the Coop room and continuing for eight weeks. It will be led by

Betty Craigie, who has been doing this since 2009.

Grief is the natural response to loss of many kinds. Loss is the universal human experience but there are times when it can overwhelm us. The course follows a well set out series of steps leading to recovery and is designed by the Grief Recovery Institute in California. Unresolved grief is cumulative, sapping energy, resilience and the capacity for joy. We want to help people emerge from this state into the light again.

Logistics: The first session is open to anyone who wishes to join. At that time we shall see if there is a more suitable time for sessions, given who is involved. For any further information please contact the office



Scan to make your offering - Thank you for your support!!!

Flower Memorials

The flowers at the Altar are given to the glory of God and in loving memory of Michael Everett Evamy by his devoted family

The flowers at the Chapel are given to the glory of God and in loving memory of Cynthia Stampton and Virginia Wood, a gift of the Wood family

The flowers at the Font are given to the glory of God and in loving memory of Frances Dymond on the occasion of her birthday, a day we all remember her

The Power of Prayer

Forward Day by Day

Prayer books for August/September/October are available at the office. Additional prayer resources can be found on Forward Movement's website: https://prayer.forwardmovement.org/forward_day_by_day.php?d=29&m=4&y=2020

The Parish Prayer Chain

Have a friend who needs someone to pray for them? Our prayer chain does this daily, and welcomes requests for confidential prayer. Contact Lois Lepp, Alicia Hampshire or Rev. Brandon.

Praying with PWRDF

On the second Thursday of each month praying with PWRDF takes place over zoom at 11am (Calgary time). On the fourth Thursday of each month the PWRDF team in Toronto plans an educational webinar in the same time slot. Please contact Kim Umbach at kumbach@pwrdf.org for the zoom link to be included and for further details.

Prayer Shawls - "Tangible Evidence of Prayer" (ref: "The Prayer Shawl Ministry")

Each of our shawls, handmade by the members of this ministry includes the prayers of the shawl maker as it is made, receives a special blessing, then is available to be given to offer peace, and comfort to someone in need. Shawls are always available here. Please contact Cynthia at the office: 403-243-4680, or Barbara Robinson: barbrobinson@gmail.com if you know of someone for whom a shawl would be helpful.

† † †

Anyone can be added to our email list... they just need to ask!

Know a friend who'd appreciate getting these emails?

Just forward this to them, and...

They can [click here](#) to be added to our mailing list!



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