



Notices March 8th, 2026 - Lent 3

Readings for this Sunday: Exodus 17:1-7, Romans 5:1-11; John 4:5-42
Readings for next Sunday: 1 Samuel 16:1-13; Ephesians 5:8-14; John 9:1-41

Sunday Services: 8am and 10.30am

Weekly Events at Christ Church

Wednesdays 11am - **Lectio Divina & Holy Eucharist** in the Chapel
Wednesdays 5pm - **Meditation** in the Sitting Room
Wednesdays 1pm - **Seniors Bridge** - All are welcome
Thursdays 10.30am - **Bible Study** in the Crump Room

DAYLIGHT SAVINGS TIME

**Don't forget on Sunday March 8th at 2am to set your
clocks one hour ahead**



SPRING FORWARD

SET YOUR CLOCKS AHEAD AN HOUR

Prayer List

Please note that beginning March 1st we will be putting a Prayer List request in the Narthex every Sunday. This will better help us streamline the prayer requests and give everyone a chance to pray for their loved ones.

Thank You - Brandon's Farewell Lunch

We would like to extend a big Thank You to Russell and Jeff and everyone who volunteered to make Brandon's farewell lunch a success. It was a bitter sweet event and we will miss Brandon but wish him well on his next journey



Palm Crosses



We invite you to help make our palm crosses on Saturday March 28th beginning at 9:30 AM. Christ Church is one of the few churches left in the city to physically make their own palm crosses. This is an intergenerational event, children, teens, seniors and anyone in between. We make 300 crosses for the two services, and many families display them in their houses for the year and return them to the church for burning before Ash Wednesday. Never fear if you feel you cannot make a Palm Cross (we do provide step by step instructions) we also

decorate the church, strip palms for waving and count the crosses. Lots of activities for all to participate! Please enter the church via the loggia or bang on the Crump Room garden doors!

Spring Flowers



The Altar Guild will be decorating the church with spring flowers in celebration of Easter . Please consider purchasing flowers in memory of a loved one , in Thanksgiving or to the Glory of God . These dedications will appear in the Easter bulletin and can be purchased for \$25.00

Prayers of the People Intercession List & Prayer Chain

Did you know: if you have a loved one you want prayed for in the service there is a list that is kept on the table in the narthex before the services where you can add their name. Many people gain comfort from the knowledge that their loved ones are being upheld in prayer by a group of faithful people.

To give everyone a chance to avail themselves of the Prayers of the People intercession list **we are making a change to how the list is managed.** Starting this Sunday, names will be kept on the list for a maximum of four weeks. If you feel you need your loved one on the list

longer, please speak with the clergy. This way no one is deterred from adding a name for fear that they are making the list too long.

For long-term, ongoing prayer needs **I strongly encourage you to send your prayer requests to the prayer chain.** We have a group of people who pray regularly for a list of needs that are made known to them. The prayer chain operates under strict confidentiality and will not share information they receive through the chain with anyone else - just God. Prayer requests for the prayer chain may be sent to the chair, Alicia Hampshire: aliciahampshire@hotmail.com.



Christ Church Family Ministries Updates!

Ignite Volunteer of the Week!

Ignite Little Known Facts

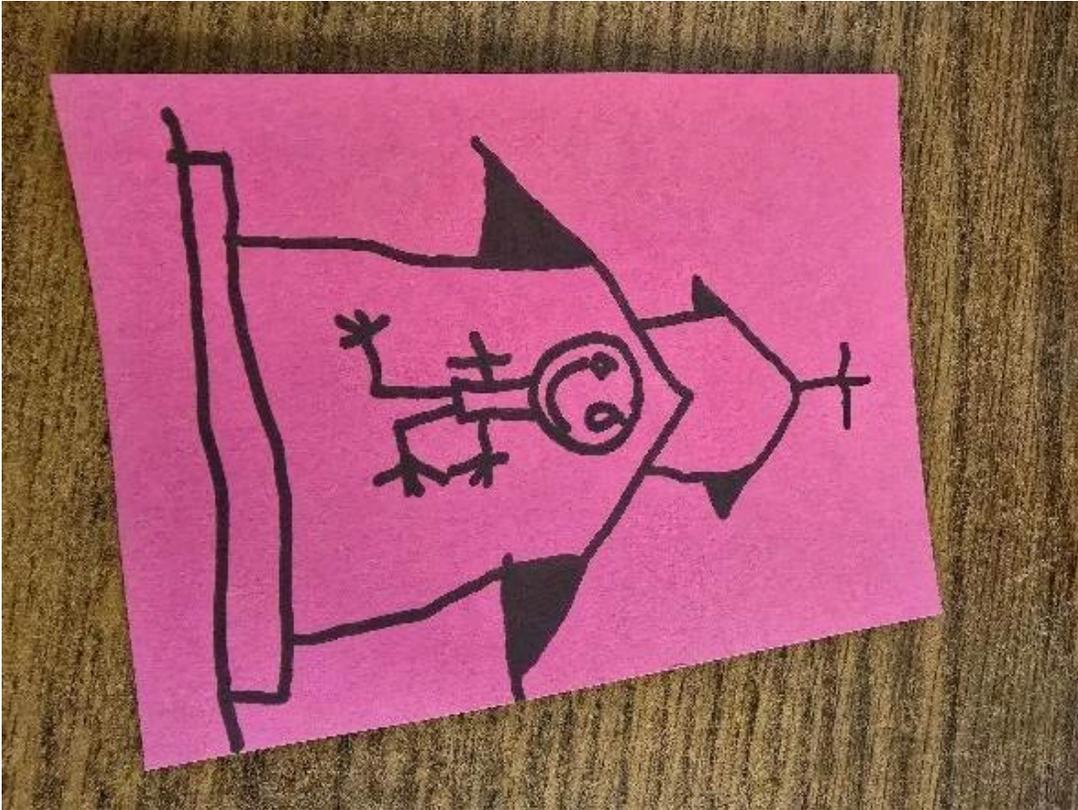
Did You Know!

1. When volunteering with **Ignite**, you don't have to lead the lesson. You can be a helper or even a hall monitor!
2. Each month we review the same theme/story through a variety of lenses, including art, drama, games, music, and community focus.
3. We use electronic check in! This prints a label with the child's name, flags any allergies, and helps us track our attendance numbers.
4. We have put 28 people through the Plan to Protect abuse prevention program since August of last year!
5. Last Sunday our busiest room was the nursery with an incredible 7 babies and small children present!

Interested in Volunteering with Our Youth and Children?

We need more hands to help us keep up with our incredible growth! We need people to help with greeting children, holding babies, crafts, games and so much more. You don't have to lead the lesson if you are not comfortable and everything is provided for you. We

would love to have you. Please speak to Laurel if you are interested!



Preschool Drawings of Brandon

If you missed collecting one of the gorgeous drawings of Rev. Brandon (made by our very own Preschool children) we have assembled some in the Narthex for you to take home if you would like. We have numerous copies, so please take as many as you like.

Where's Laurel – March 8th

I will be away this coming Sunday for my son's birthday! But we will still have fabulous Ignite and Youth programming available. Thank you to our amazing volunteers for making this happen!

Upcoming Youth Group Events

Friday, March 13th @ 7pm: High Energy Games and Snacks (at the church!)

Friday, March 27th @ 7pm: Arcadia Escape Room

Reminder - Youth Sunday Morning Lessons

Just a reminder that we now offer Sunday morning lessons for our youth at 1030am! We hope to see your youth there! We are thrilled to welcome Kyle Antoni Agbing as our Youth Lesson facilitator for the next nine weeks. Kyle has taught several of our lessons before

and he is an important part of our volunteer team. This coming Sunday he will be talking about Prophets and Exile.

Family Ministries Instagram

Just a friendly reminder that I have created an Instagram account to document our adventures in Family Ministries! Please follow us @christchurchfamilyministries

Warmly,
Laurel Hatch

Outreach Update

Bottoms Up



This Lenten season, please consider supporting young mothers and their babies with Diapers and baby care items for the Highbanks Society's Sharing Closet!! Highbanks supports vulnerable pregnant or parenting women between 16-24 years old who are fleeing situations of incredible adversity. Highbanks offers these young moms and their children hope by eliminating barriers to growth which allow them to break free from the cycle of trauma and build a future of resilience, joy, and contribution. The Sharing Closet is for their moms to

access items for baby and themselves whenever they are needed!

Diapers of all sizes, especially 5/6!

But also:

Aveeno oatmeal bath

Diaper rash cream

Baby Wipes

Hand soap

Laundry detergent

All purpose cleaner

Dish soap

Bleach

Body wash

Shampoo/conditioner

Toilet paper

Paper towels

Garbage bags - large black and small kitchen sized white ones

Tylenol and Aspirin - adult, infant, toddler, child

March 8th, 2026 Flower Memorials

*The flowers at the Altar are given to
the glory of God and in loving
memory of Paz Estoy by Jeff Reyes
and Russell Barnes*

*The flowers at the Chapel are given to
the glory of God and in thanksgiving*

The Power of Prayer

Forward Day by Day

Prayer books for February - April are available in the Narthex
Additional prayer resources can be found on Forward Movement's
website: [https://prayer.forwardmovement.org/forward_day_by_day.php?
d=29&m=4&y=2020](https://prayer.forwardmovement.org/forward_day_by_day.php?d=29&m=4&y=2020)

Prayer Shawls - "Tangible Evidence of Prayer" (ref: "The Prayer Shawl Ministry")

Each of our shawls , handmade by the members of this ministry includes the prayers of the shawl maker as it is made, receives a special blessing, then is available to be given to offer peace, and comfort to someone in need. Shawls are always available here. Please contact Cynthia at the office: 403-243-4680, or Barbara Robinson: barbrobinson@gmail.com if you know of someone for whom a shawl would be helpful.

The Parish Prayer Chain

Have a friend who needs someone to pray for them? Our prayer chain does this daily, and welcomes requests for confidential prayer. Contact Alicia Hampshire, Adam Bedford.

Praying with Alongside Hope

On the second Thursday of each month praying with Alongside Hope takes place over zoom at 11am (Calgary time). On the fourth Thursday of each month the Alongside Hope team in Toronto plans an educational webinar in the same time slot. Please contact Kim Umbach at kumbach@pwrdf.org for the zoom link to be included and for further details.

† † †

Anyone can be added to our email list... they just need to ask!
Know a friend who'd appreciate getting these emails?
Just forward this to them, and...
They can [click here](#) to be added to our mailing list!



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