



Notices March 29th , 2026 - Palm Sunday

Readings for this Sunday: Isaiah 50:4-9a; Philippians 2:5-11; Matthew 21:1-11

Readings for next Sunday: Jeremiah 31:1-6; Acts 10:34-43; John 20:1-18

Sunday Services: 8am and 10.30am

Holy Week at Christ Church

Palm Sunday - March 29

Eucharist & Procession - 8am & 10.30am

Tenebrae - 7.30pm

Maundy Thursday - April 2

Eucharist & Foot Washing - 7.30pm

Good Friday - April 3

Family Service - 9.30am

Meditation on the Cross - 12pm

Holy Saturday - April 4

Easter Vigil - 7.30pm

Resurrection Sunday - April 5

Eucharist - 8am & 10.30am

Weekly Events at Christ Church

Wednesdays 11am - **Lectio Divina & Holy Eucharist** in the Chapel

Wednesdays 5pm - **Meditation** in the Sitting Room

Wednesdays 1pm - **Seniors Bridge** - All are welcome

Thursdays 10.30am - **Bible Study** in the Crump Room

Upcoming Easter Office hours

Maundy Thursday April 2nd - No Bible Study

Good Friday April 3rd - Office Closed
Monday April 6th to Wednesday April 8th - Office Closed (No Midweek Eucharist)
Thursday April 9th and Friday April 10th - Minimal office hours

Altar Flowers

There is an available spot for February 21, 2027 for Altar flowers. If you would like to purchase flowers for this day please contact Cynthia in the office

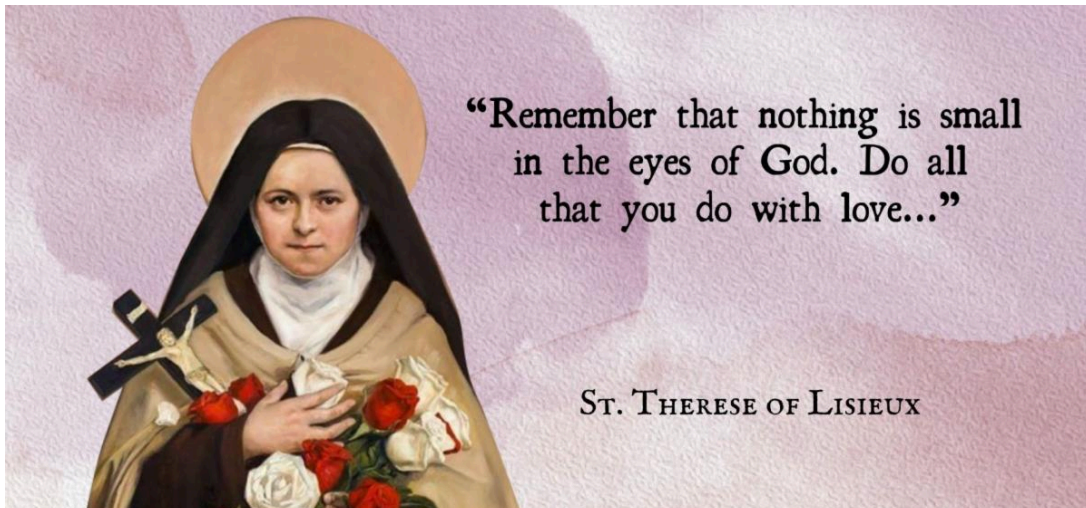
Bell Ringing

The bells will be rung on Palm Sunday for 10.30am and 7.30pm services and Easter Sunday 10.30am service. All other services they will be silent - Maundy Thursday, Good Friday and Holy Saturday.

Music Window

Please join us on April 19 at 10:30 for the dedication of our new stained glass Music Window in memory of Gerry Barlow, celebrating the importance of music at Christ Church, and paying tribute to those involved in that ministry. A reception will be held in the Crump room following the service.

Feasting with the Saints | March 27, 7 pm



Join us in the Crump Room for great food, drink, and company as we study the life of St. Thérèse of Lisieux, who Pope Pius X called "the greatest saint of modern times." No registration is required. Speak to Adam for more information.

Enbridge® Tour Alberta for Cancer®, Bicycle Ride

On the 18th and 19th of July the Enbridge® Tour Alberta for Cancer®, Bicycle Ride benefiting the Alberta Cancer Foundation, will be taking place. Each day there are three distances to choose from 65kms, 100kms and 160kms (160kms is Saturday only) all starting from Strathmore. Ana Sosa is interested in participating in the event and was wondering if there were any other cycling enthusiasts who might like to put a team together for the event. For more details, please speak to Ana or check out the Enbridge® Tour Alberta for Cancer® website.

Palm Crosses



We invite you to help make our palm crosses on Saturday March 28th beginning at 9:30 AM. Christ Church is one of the few churches left in the city to physically make their own palm crosses. This is an intergenerational event , children, teens, seniors and anyone in between. We make 300 crosses for the two services, and many families display them in their houses for the year and return them to the church for burning before Ash Wednesday. Never fear if you feel you cannot make a Palm Cross (we do provide step by step instructions) we also decorate the church, strip palms for waving and count the crosses. Lots of activities for all to participate! Please enter the

church via the loggia or bang on the Crump Room garden doors!

Spring Flowers



The Altar Guild will be decorating the church with spring flowers in celebration of Easter . Please consider purchasing flowers in memory of a loved one , in Thanksgiving or to the Glory of God . These dedications will appear in the Easter bulletin and can be purchased for \$25.00



Christ Church Family Ministries Updates!

Chocolate Egg Donations Needed

We need small chocolate eggs for our upcoming annual Easter Egg hunt on Easter Sunday. Donations can be brought to the **Ignite** area upstairs or dropped off in the office.

Palm Sunday Reminder

This coming Sunday, March 29th, all children will start the service with their parents outside at the Labyrinth (weather permitting). They will then proceed upstairs for their lesson.

Interested in Volunteering with Our Youth and Children?

We need more hands to help us keep up with our incredible growth! We need people to help with greeting children, holding babies, crafts, games and so much more. You don't have to lead the lesson if you are not comfortable and everything is provided for you. We would love to have you. Please speak to Laurel if you are interested!

Vacation Bible School – This Summer

We are planning to host a vacation bible school this summer in the lower hall. We are still working on firming up the dates. If you would like to assist, please let me know.

Reminder - Youth Sunday Morning Lessons

Just a reminder that we now offer Sunday morning lessons for our youth at 1030am! We hope to see your youth there! We are thrilled to welcome Kyle Antoni Agbing as our Youth Lesson facilitator for the next few weeks. Kyle has taught several of our lessons before and he is an important part of our volunteer team. This coming Sunday he will be talking about The Holy Spirit and the Church

Family Ministries Instagram

Just a friendly reminder that I have created an Instagram account to document our adventures in Family Ministries! Please follow us @christchurchfamilyministries

Warmly,
Laurel Hatch

Ted Carruthers, parishioner for 80 years



Ted has lived in Calgary since 1946, when he was 6 years old and has attended CC ever since. Initially they lived on Riverdale Ave, which was at the edge of the city and Ted remembers walking to church with his father. He soon joined the Boys choir , which he continued until his voice broke 6 years later. Growing up, he was a member of the Cubs and Scouts at CC. Ted attended Elbow Park School, Rideau middle school, and Central High School on 8th St. He lived in Edmonton for several years, at law school and working for a year as a Field Landman. He travelled all over Western Canada as a landman, negotiating mineral rights with land owners. He married his wife, Winnipeg-born Marlys in 1964 and they have two children and five grandchildren.

They returned to Calgary in 1967. Ted worked at various law firms, before becoming a judge in 1976, doing cases related to child, youth, family and mental health issues. He retired in 2015. Ted and Marlys did the 4 year EFM (Education for Ministry) Program around the beginning of his judicial appointment, which was a tremendous help for his work, by correlating the social aspects of his cases with his judicial responsibilities.

Ted remembers when, prior to 1947, the church was much smaller, its West end was some 30 feet away from 8th St and a footbridge connected the church to 8th St over an intervening gully. Indeed there was no bell tower or South wing, which were added in the 50's and early 60's.

Ted was People's warden in 2005 and has long been a communion minister and reader. He and Marlys have hosted many incoming Rectors , as well as then-Primate Fred Hiltz. For 8 years, they led a pre-marriage course.

Ted particularly remembers the flooding of the Elbow Valley in June 2013. Rev Tucker and Ted decided it was a miracle that the church

was spared and CC hosted newborn flooded residents for respite and a hot meal.

Although he was sickly as a child, Ted has enjoyed excellent health as an adult. He will be 86 years old on July 6th this year.
John Mendham for the History Committee.

Outreach Update

Bottoms Up



This Lenten season, please consider supporting young mothers and their babies with Diapers and baby care items for the Highbanks Society's Sharing Closet!! Highbanks supports vulnerable pregnant or parenting women between 16-24 years old who are fleeing situations of incredible adversity. Highbanks offers these young moms and their children hope by eliminating barriers to growth which allow them to break free from the cycle of trauma and build a future of resilience, joy, and contribution. The Sharing Closet is for their moms to access items for baby and themselves whenever they are needed!

Diapers of all sizes, especially 5/6!

But also:

Aveeno oatmeal bath

Diaper rash cream
Baby Wipes
Hand soap
Laundry detergent
All purpose cleaner
Dish soap
Bleach
Body wash
Shampoo/conditioner
Toilet paper
Paper towels
Garbage bags - large black and small kitchen sized white ones
Tylenol and Aspirin - adult, infant, toddler, child

March 29th, 2026 Flower Memorials

*The palms at the Altar are given to the
glory of God and in loving memory of
Helen Hume and daughter Jocelyn
Frazer from the family*

*The flowers at the Chapel are given to
the glory of God and in loving
memory of Bruce Hampshire from the
family*

The Power of Prayer

Forward Day by Day

Prayer books for February - April are available in the Narthex
Additional prayer resources can be found on Forward Movement's
website: [https://prayer.forwardmovement.org/forward_day_by_day.php?
d=29&m=4&y=2020](https://prayer.forwardmovement.org/forward_day_by_day.php?d=29&m=4&y=2020)

Prayer Shawls - "Tangible Evidence of Prayer" (ref: "The Prayer Shawl Ministry")

Each of our shawls , handmade by the members of this ministry includes the prayers of the shawl maker as it is made, receives a special blessing, then is available to be given to offer peace, and comfort to someone in need. Shawls are always available here. Please contact Cynthia at the office: 403-243-4680, or Barbara Robinson: barbcrobinson@gmail.com if you know of someone for whom a shawl would be helpful.

The Parish Prayer Chain

Have a friend who needs someone to pray for them? Our prayer chain does this daily, and welcomes requests for confidential prayer. Contact Alicia Hampshire, Adam Bedford.

Praying with Alongside Hope

On the second Thursday of each month praying with Alongside Hope takes place over zoom at 11am (Calgary time). On the fourth Thursday of each month the Alongside Hope team in Toronto plans an educational webinar in the same time slot. Please contact Kim Umbach at kumbach@pwrdf.org for the zoom link to be included and for further details.



Anyone can be added to our email list... they just need to ask!
Know a friend who'd appreciate getting these emails?
Just forward this to them, and...
They can [click here](#) to be added to our mailing list!



Anglican Parish of Christ Church, Elbow Park
3602 8th St. SW
Calgary, AB T2T 3A7
403-243-4680
www.christchurchcalgary.org



Try email marketing for free today!